

180 DAYS 2017-2018



North High School

Polar Bear

2018

Volume 111

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Illustration: Low Poly Art

The Polar Bear 2017-2018

"180 Days"

Volume 111

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1,350 Polar Bears

Theme Explanation

Know about all the ins and outs of a North High yerd's brain
Yerd = Yearbook Nerd

180 Days

Theme

"180 Days" is a representation of our 2017/18 school year. There are 180 days in school. Yearbook staff members have highlighted some of the many important things that happen here at North High School. The main focus this year in the yearbook was to keep moving forward. Throughout the book there are triangles, flags and a timeline on every page to help you remember your year better. If you want to meet the wonderful staff members who made this possible, they're located on page 86. #GoPolarBears

Triangles

Throughout the book there are triangles located on every page, including triangle pictures, triangles pointing toward captions and different objects representing moving forward through the year.

Jasmine
Inthabounh



Word

...

12

Flags

On every spread there is this triangular flag in the top right-hand corner. We chose random people throughout the whole school, between all grades, to describe their year in one word.

Senior Quotes

The 2018 graduates have shown great interest in having senior quotes. Under their senior photo is a quote they wanted to have to represent them. #GDTBAPB (Great Day To Be A Polar Bear) was used if they did not give one. This may not be an on-going tradition unless yearbook staff and the senior class make the effort.

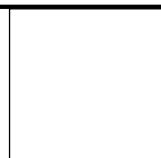


Kenzie Schnathorst

"I may not have gone where I intended to go, but I think I have ended up where I needed to be."
- Douglas Adams (UP!)

Timeline

This timeline is our school year in review. Events, assemblies, pep rallies and everyday normal life were covered to help you remember all "180 Days" in your 2017-2018 school year.



LAST RUN. *It's still a little warm in the beginning of the school year, but with a little breeze it's perfect for a run. Senior, Rojan Dahal smiles for a quick picture during an all-school meet. "Now I feel like running a mile is nothing," Dahal said.*



LUNCH TIME. *In Costa Rica, students got the chance to go to a butterfly and coffee plantation. Junior, Kayla Khambanoun captured this butterfly in its element eating mashed apples.*

FALLING. Last summer, 20 students and three chaperones got the opportunity to fly overseas to Costa Rica. This is the first time junior, Phillip Sunga traveled outside the U.S. Here, he takes a photo with the La Fortuna Waterfall as if it was raining into his own mouth.



Summer

Costa Rica Trip **8**

Softball/Baseball **10**

Foreign Exchange **12**
Students

Cross Country **14**