

Elma Lidjan  
 Gracie Lindsay  
 Ethan Lindsey  
 Natalie Lloyd  
 John Lofton Jr  
 Eric Long  
 Joshua Long



Nicholas Longo  
 Karla Lopez  
 Samuel Lorenz  
 Grace Lowery  
 Maggie Lumley  
 Aidan MacGregor  
 Hillary Magallanes



Courtney Manemann  
 Decontee Manneh  
 Sophia Maras  
 Andrew Maresca  
 Evan Marquis  
 Jackson Marshall  
 Luke Martin



Erin Martindale  
 Rylee Matthews  
 Elik Mattis  
 Jacob May  
 Naima Mays  
 Aubrey McCombs  
 Maria McCright



Ty McElroy  
 Max McGaughy  
 Ashley McGovern  
 Chase McInville  
 Sloan Meader  
 Jovanna Medina-Cisneros  
 Mujo Mehmedovic



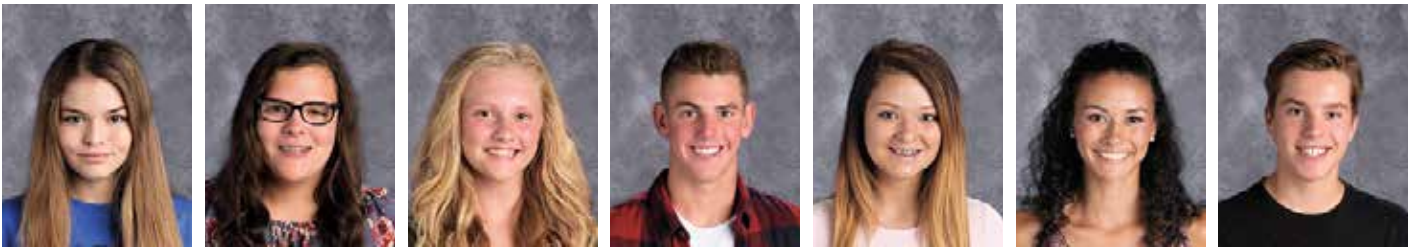
Hunter Meredith  
 Cade Meyer  
 Katherine Michalski  
 Joy Mielke  
 Cameron Miller  
 Ellee Miller  
 Skylar Monahan



Angel Montes  
 Jonathan Moore  
 Michelle Morales  
 Matthew Morris  
 Michael Morrow  
 Cade Moss  
 Caden Moyer



Merima Mrzljak  
 Megan Mueller  
 Makenna Mumm  
 Blake Murray  
 Morgan Myers  
 Cari Naanep  
 Alexander Nahnsen



Juniors **156** Lindsay - Palmer





Aaliyah Naylor  
Jaden Neely  
Grant Nelson  
Mitchell Nesheim  
Regan Nesheim  
Lindsey Ness  
Owen Ness



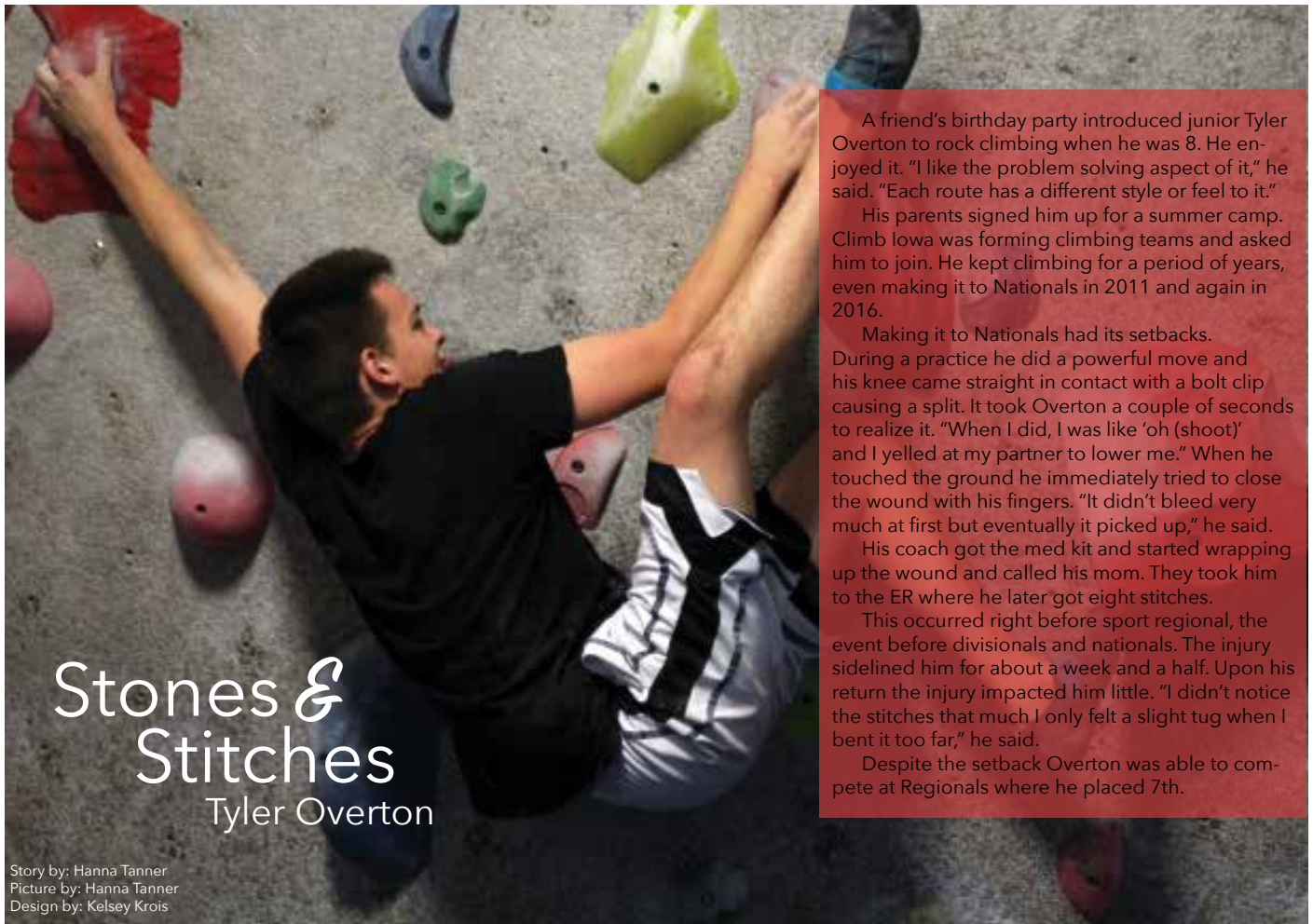
Evan Newcomb  
Nathan Newcomb  
Alvin Nguyen  
Christina Nguyen  
Abigail Nichol  
Devin Nichols  
Tommy Noble



Andrew Nord  
JD Norris  
Lennie Norris  
Logan Norris  
Sean O'Brien  
Isabel Officer  
Logan Ogden



Nedim Okic  
Cade Onder  
Kennedy Ortmeier  
Alex Overton  
Tyler Overton  
Alex Page  
Ethan Page



# Stones & Stitches

Tyler Overton

A friend's birthday party introduced junior Tyler Overton to rock climbing when he was 8. He enjoyed it. "I like the problem solving aspect of it," he said. "Each route has a different style or feel to it."

His parents signed him up for a summer camp. Climb Iowa was forming climbing teams and asked him to join. He kept climbing for a period of years, even making it to Nationals in 2011 and again in 2016.

Making it to Nationals had its setbacks. During a practice he did a powerful move and his knee came straight in contact with a bolt clip causing a split. It took Overton a couple of seconds to realize it. "When I did, I was like 'oh (shoot)' and I yelled at my partner to lower me." When he touched the ground he immediately tried to close the wound with his fingers. "It didn't bleed very much at first but eventually it picked up," he said.

His coach got the med kit and started wrapping up the wound and called his mom. They took him to the ER where he later got eight stitches.

This occurred right before sport regional, the event before divisionals and nationals. The injury sidelined him for about a week and a half. Upon his return the injury impacted him little. "I didn't notice the stitches that much I only felt a slight tug when I bent it too far," he said.

Despite the setback Overton was able to compete at Regionals where he placed 7th.

Story by: Hanna Tanner  
Picture by: Hanna Tanner  
Design by: Kelsey Krois

Special Instructions

FOR PLANT USE				Con	HJT	QPP	Pro	ePro	OLP	Prep MEL	Place ERR	Proof
<input checked="" type="radio"/> MAC	<input type="radio"/> WIN	<input type="checkbox"/> PM	<input type="checkbox"/> CS	<input type="checkbox"/> CS2	<input checked="" type="checkbox"/> CS6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>