

100
Boys Track



Your North High Polar Bears:

Freshmen

Armando Avila
Mohamed Bass
Eyifehn Forfor
Nicholas Goergen
Deavin Hilson
Benjamin Huyser
Eissa Ibrahim
Nehemiah McConnell
Stanley Ross
Daniel Sunga
Antonio Swanson
Nyabashi Vital
Joshua Zanders

Sophomores

Jarin Cowman
Brandon Gordon
Chawol Niphong
Hams Pyne

Juniors

Noah Anderson
Nahimana Meshack
Julius Pyne

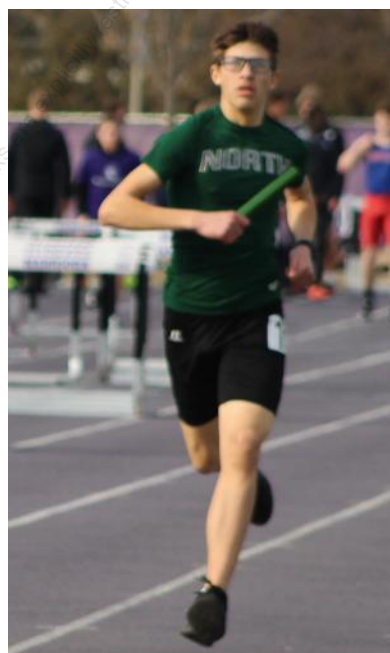
And your Seniors

Rojan Dahal
Tre'vawn Jarrett
Alexander Killion
Charles Niphong

▶ **GO.** Freshman, Daniel Sunga hands off the baton to freshman Joseph Routh to try and get ahead in the race at Waukee High School. Photo Credit: Veecionna Lam

SPRINT

▶ **FIGHT.** Freshman, Deavin Hilson sprints ahead of the race at Waukee High School. Photo Credit: Veecionna Lam



▶ **WIN.** Freshman, Joseph Routh speeds ahead of the race at Waukee High School. Photo Credit: Veecionna Lam



▶ **EARLY MORNINGS.** Senior, Emanulle Echols helps serve coffee to the underclassmen on Iowa Assessments day, even though seniors have the day off. Polar Bear Senate also takes the time to organize prom decorations afterwards.

JUMP

▶ **HIGH JUMP.** Freshman, Deavin Hilson in a sequence order doing the high jump event at Waukee High School in late March. Photo Credit: Veecionna Lam



▶ **TESTS.** In AP Statistics, students take a quiz and are allowed to use this pink sheet with their notes on it. But when the AP test rolls around they will be given an empty pink sheet. The AP Statistics test is May 17, 2018.



Track & Field



NUMBER ONE. Seniors, Alexander Killion and Tre'Vawn Jarrett stand together before they warm up for their meet at Waukee's meet. Photo Credit: Veecionna Lam



SPRINT. Sophomore, Jarin Cowman takes off after receiving the baton from sophomore, Chawol Niphong. Photo Credit: Veecionna Lam

READY, SET, RUN!

GET READY. Sophomore, Chawol Niphong takes his mark to get ready to run. Photo Credit: Veecionna Lam



SMILE. (Middle) Freshman, Daniel Sunga taking it easy before his first track meet of high school. Photo Credit: Veecionna Lam

TAKE OFF. Sophomore, Hams Pyne speeds ahead to win the race at Waukee. Photo Credit: Veecionna Lam



IN THE LOOP. Principal Graeber visits an AP Government classroom with former Principal Michael Vukovich to observe the progress and learning going on.



CATCHING UP. Although Michael Vukovich is no longer North's principal, he often is visiting to observe the progress as a School of Rigor. He talks to AP Government students, Javed Gomez and Hilario Callejas.

